



Wilson's School Lunch Menu • Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread
Meat Option	Hot beef and vegetable chilli with pasta	Jerk chicken served with rice and peas <i>OR</i> Fish dish of the day	Roasted meat of the day, roast potatoes, seasonal vegetables and gravy	Slow cooked beef masala curry. with turmeric rice and naan	Battered fish and chips, peas or beans <i>OR</i> BBQ chicken and chips, peas or beans
Vegetarian Option	Southern style quorn burger in sesame bun and potato wedges	Sweet potato and coconut curry with steamed rice	Cheddar cheese and red onion tart, roast potatoes and vegetables	Mac 'n' Cheese with broccoli florets	Vegan sausage roll, chips and peas or beans
Light Bites	Chicken drumsticks	Chicken drumsticks	Chicken drumsticks	Chicken drumsticks	Not available
Jacket Potato	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Not available
Something Sweet	Chocolate fudge cake	Creamy rice pudding served with fruit compote	Pear crumble served with custard	Apple and cinnamon sponge with custard	Homemade bake of the day



Wilson's School Lunch Menu • Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread
Meat Option	Herby pork sausage with mashed potato and cabbage	Cottage pie served with seasonal vegetables <i>OR</i> Fish dish of the day	Roasted meat of the day, roast potatoes, seasonal vegetables and gravy	Japanese style chicken curry with steamed rice	Battered fish and chips, peas or beans <i>OR</i> BBQ chicken and chips, peas or beans
Vegetarian Option	Chilli, soy and ginger tofu with vegetable noodles	Lentil and vegetable dhal pilau rice	Wild mushroom risotto with crusty bread	Mediterranean pastry tart with baby potatoes	Vegetable nuggets, chips and peas or beans
Light Bites	Chicken drumsticks	Chicken drumsticks	Chicken drumsticks	Chicken drumsticks	Not available
Jacket Potato	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Not available
Something Sweet	Chocolate fudge cake	Creamy rice pudding served with fruit compote	Rhubarb crumble served with custard	Banana cake with cream	Homemade bake of the day



Wilson's School Lunch Menu • Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread	Homemade soup of the day served with homemade bread
Meat Option	Beef spaghetti bolognaise	Teriyaki chicken thighs with noodles <i>OR</i> Fish dish of the day	Roasted meat of the day, roast potatoes, seasonal vegetables and gravy	Chicken jalfrezi served with pilau rice and naan	Battered fish and chips, peas or beans <i>OR</i> BBQ chicken and chips, peas or beans
Vegetarian Option	Quorn sausage with mashed potatoes, peas and gravy	Chunky vegetable and bean chilli with steamed rice	Spicy mixed bean burrito, with roast potatoes	Roasted vegetable lasagne with Garlic Bread	Vegetable burger, chips and peas or beans
Light Bites	Chicken drumsticks	Chicken drumsticks	Chicken drumsticks	Chicken drumsticks	Not available
Jacket Potato	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Baked jacket potato served with a choice of 2 fillings	Not available
Something Sweet	Chocolate fudge cake	Creamy rice pudding served with fruit compote	Apple crumble served with custard	Pineapple upside down cake with cream	Homemade bake of the day



Wilson's School Cuboid Menu • Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Option	Sweet chilli chicken wrap OR Fish finger wrap	Pepperoni pizza OR Spicy Chicken baguette	Chicken burger served in a sesame bun OR BBQ pork wrap	Spicy beef pizza OR Sausage and onion baguette	Chicken goujons and chips OR Fish and chips
Vegetarian Option	Roasted vegetable and cheese wraps OR Potato of the day	Tomato and mozzarella pizza OR Potato of the day	Vegetable sausage hotdog OR Potato of the day	Cheese and tomato pizza OR Potato of the day	Vegetable sausage roll and chips
Cold Buffet	Selection of sandwiches OR Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches OR Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches OR Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches OR Cold selection – Crudities, olives, fruit pots, yoghurts	Cold selection – Crudities, olives, fruit pots, yoghurts
Something Sweet	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day



Wilson's School Cuboid Menu • Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Option	Cajun chicken and pepper wrap <i>OR</i> Fish finger wrap	Spicy chicken pizza <i>OR</i> Bacon baguette	Chicken burger served in a sesame bun <i>OR</i> Spicy pork burger in sesame bun	Pepperoni pizza <i>OR</i> Piri pri chicken baguette	Chicken goujons and chips <i>OR</i> Fish and chips
Vegetarian Option	Spiced pizza sauce and cheese wraps <i>OR</i> Potato of the day	Tomato and mozzarella pizza <i>OR</i> Potato of the day	Bean burger in a sesame bun <i>OR</i> Potato of the day	Cheese and tomato pizza <i>OR</i> Potato of the day	Vegetable burger and chips
Cold Buffet	Selection of sandwiches <i>OR</i> Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches <i>OR</i> Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches <i>OR</i> Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches <i>OR</i> Cold selection – Crudities, olives, fruit pots, yoghurts	Cold selection – Crudities, olives, fruit pots, yoghurts
Something Sweet	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day



Wilson's School Cuboid Menu • Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Option	Spiced chicken and pepper wrap <i>OR</i> Fish finger wrap	Pepperoni pizza <i>OR</i> Chicken and sweetcorn baguette	Fish-wich burger served in a sesame bun <i>OR</i> Piri piri chicken wrap	Spicy chicken pizza <i>OR</i> Bacon baguette	Chicken goujons and chips <i>OR</i> Fish and chips
Vegetarian Option	Spiced pizza sauce and cheese wraps <i>OR</i> Potato of the day	Tomato and mozzarella pizza <i>OR</i> Potato of the day	Quorn sausage and onion baguette <i>OR</i> Potato of the day	Cheese and tomato pizza <i>OR</i> Potato of the day	Vegetable burger and chips
Cold Buffet	Selection of sandwiches <i>OR</i> Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches <i>OR</i> Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches <i>OR</i> Cold selection – Crudities, olives, fruit pots, yoghurts	Selection of sandwiches <i>OR</i> Cold selection – Crudities, olives, fruit pots, yoghurts	Cold selection – Crudities, olives, fruit pots, yoghurts
Something Sweet	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day	Homemade bake of the day